

<https://www.sherwoodcc.org.uk>

## **OPEN 10 MILE TIME TRIAL**

(Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations)

**Saturday, 18<sup>th</sup> September 2021 at 2.01pm on A10/3 Course**

**Event Secretary:** Roger Widdowson, 27 Morley Road, Thorneywood, NOTTINGHAM. NG3 6LL  
Tel: 07966 777 475 E-mail: [roger.widdowson@ntlworld.com](mailto:roger.widdowson@ntlworld.com)

**Timekeepers:** Bill Stanley, Melton Olympic CC  
Norman Portess, Melton Olympic CC

**Event Headquarters:** Gunthorpe Village Hall, Davids Lane, Gunthorpe, Nottinghamshire, NG14 7EW  
(open from 1.00pm)

Due to Covid regulations the hall will only be open to allow riders to sign in/sign out and use the toilets.

Numbers and Signing On – Numbers will be at the Event HQ and can be collected when you sign on. Please return your number in exchange for a drink after your ride.

You **MUST** personally sign back in again upon completion of your ride otherwise **YOU WILL** be disqualified!

At the request of the custodians of the Pavilion, please, no cycling shoes in the HQ.

Parking is available near to the start at Newton on grass verges towards Newton Village (please park considerately) and at the Village Hall Car Park and Field and along the public roads throughout Gunthorpe. However, please park with absolute consideration for the villagers.

Please be respectful to residents at all time and strictly no changing into your kit in general public view.

**DO NOT PARK ON THE SAME SIDE OF MAIN ROAD AS THE START LINE NOR BEYOND IT!**

## **PRIZE LIST**

I have made a very tough decision to not offer prizes for this event and apologise in advance that this was not clear in the title as it is a last minute decision to pull the prizes.

All surplus from the event will be donated to MacMillan Cancer Support. They are marvellous organisation who work tirelessly to help palliative care patients at the end of life to make the transition together with support for those left behind where needed.

I will be riding in the event, No. 88, in honour of my 88 year old mother who has been recently diagnosed with terminal cancer and who will not see her 89<sup>th</sup> birthday. There will also be a charity tin for donations on the day should you wish to make a small donation. By no means, should you feel obliged to do so.

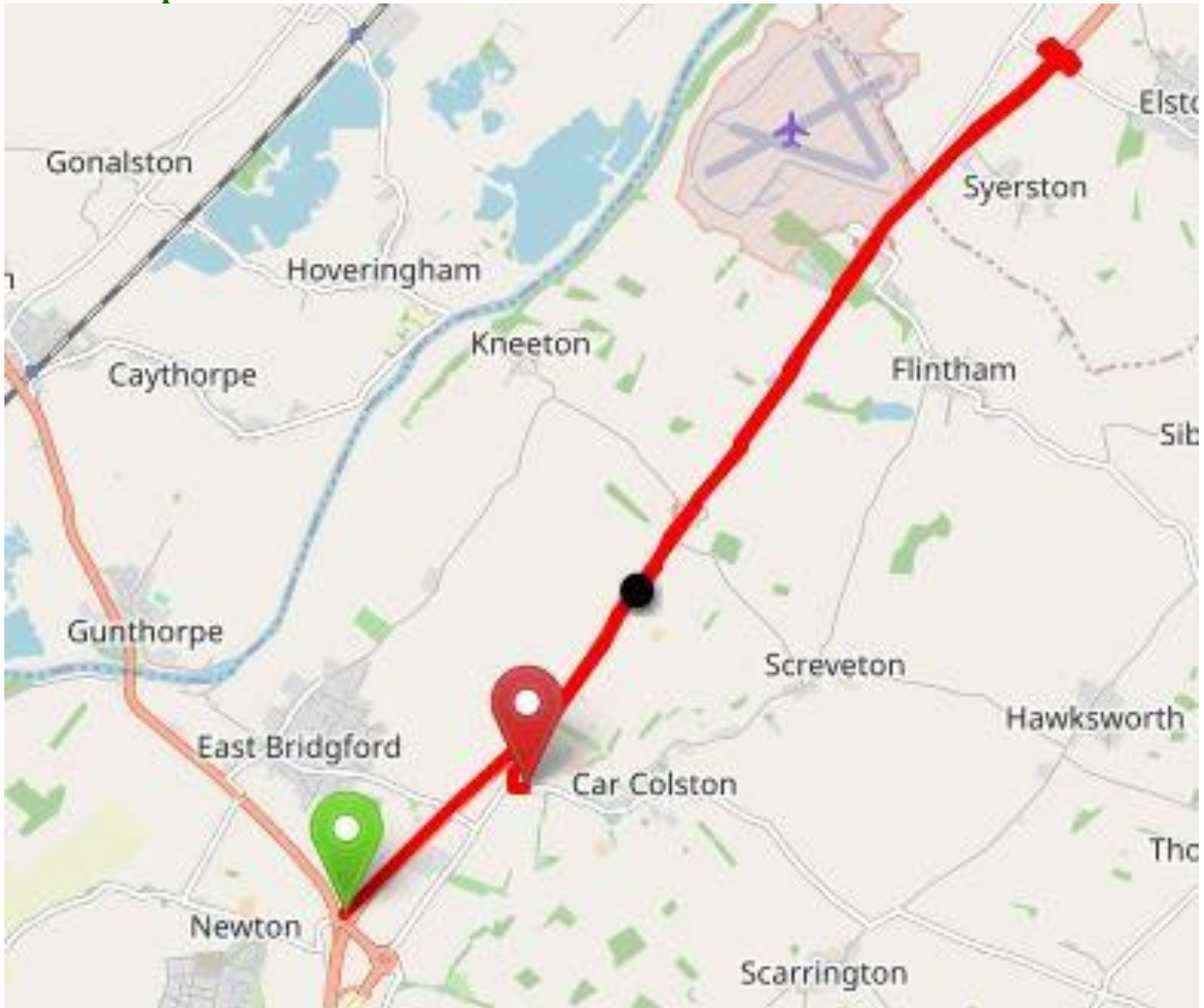
It's been a tough few weeks so I am particularly relishing seeing some friendly smiling faces!

No formal presentation is planned after the event, but results will be posted up on the board at the Event HQ as soon as they are made available. Prizes will be posted out to riders after the event. One individual prize per rider (excluding team prize, which can be in addition to individual prize).

We hope that you have an enjoyable, swift and safe ride. Good Luck.

## Instructions

### Course Map



### Course Details

Start at grid reference SK697419 ten yards north of 'Clearway' sign on A6097 inside the white line marking edge of slip road onto A46 northbound. Start level with drop down kerb, back wheel up against kerb edge which is 90 degrees to the carriageway. (Riders can taper onto the slip road as traffic allows/dictates) Join the A46, proceed north until Elston /Thorpe junction. Follow junction sweeping left to turn left at T junction, cross over the A46, take first left and sweep left to re-join A46 southbound. Continue on A46 until East Bridgford/Car Colston junction. Left onto off slip road. Continue to small roundabout, turn left onto unclassified road towards Car Colston to finish at large signboard. Grid reference SK720428. 10.02 miles. NOTE: The sign shows no information when approaching from direction of travel. The reverse side viewed from the east informs of the roundabout.

### Notes

IN THE INTEREST OF YOUR OWN SAFETY, Cycling Time Trials and Sherwood Cycling Club strongly advise you to wear a HARD SHELL HELMET that meets internationally accepted safety standards. It is recommended that a working rear light, either flashing or constant, is fitted to the machine and is active whilst the machine is in use.

Please allow at least 10 minutes from the HQ to the start. The start is south-east of Gunthorpe along the A6097.

Please do not warm up on the course after the event has started.

Marshals are instructed to report dangerous riding so keep your head up and be considerate of other road users.

After passing the finish timekeeper, riders should continue along Tenmans Lane and perform a U-turn out of a sight of the timekeeper and ride back to the Event HQ. At the last roundabout you negotiated just prior to the finish line, you turn left to make your way back to the HQ either via Butt Lane, East Bridgford or the A6097.

Remember, you are required to return to the HQ to sign back in again after finishing your ride.

#### Notes

Riders must should note the following, and adhere to all CTT Rules and Regulations

- Avoid gathering in large groups at the HQ, car park, or anywhere on the course
- Maintain a suitable distance between yourself and others when in and outside of the Race HQ. Be mindful of other peoples' possible perceptions and views
- Do not get changed on the public roads around the Race HQ
- Wear a face covering inside the HQ if you feel so disposed
- There is ample off-road parking at the Race HQ
- Please park with consideration for other competitors
- Confirmed results will appear on the CTT website as soon as possible after the event
- Riders must bring their own pen to use
- If you are feeling unwell or suspect that you may have COVID you must not attend the event
- Turbos/Rollers may be used in the car park to warm-up
- Riders must not warm up on the course in the Start/Finish areas wearing their number.
- Riders must not impede other Starters or Finishers
- The Starting Assistant will check each rider to ensure they have a red rear light visible to other road users approaching from the rear (No Red Light, No Ride)
- The Starting Assistant will also check that a rider's name corresponds to the riders number on the Start Sheet
- There may or may not be a "pusher-off". Riders will have to do a standing-start if we decide to do without
- Light refreshments will be available at the HQ